

COA ELITE

COVID-19 REOPENING PLAN



PREPARING FOR RE-OPENING

Hello COA Nation,

While we are not open yet, we want to let you know that we are working hard to be ready when we receive the all clear. We want to first say a huge **THANK YOU** to the community for your love and support over the last six weeks. We have been reminded that our COA family is truly the best! As you can imagine the #1 priority of the program is the health and safety of our athletes and staff.

As we reopen, we will do so in stages to allow the greatest chance of continued health and safety. That said, we have outlined what to expect during each phase of our reopening. As the state eases the social distancing guidelines, we will communicate any changes or updates to each phase.

KEEPING SAFE

General Precautions



HAND WASHING

Upon reopening, all athletes will be required to wash hands upon entry of the facility, and after participation.

CLOSED LOBBY

Upon opening the lobby will remain closed. No parents/siblings/guests allowed. This is to minimize the spread of germs.

CLEANING

The gym will be cleaned and sanitized multiple times a day to help minimize the spread of germs. We will also use a sanitation fogger in the evening.

REQUIRED FACE MASK

In addition to the general safety guidelines listed above, during Phases 1 and 2 all coaches/staff & athletes will be required to wear a mask when entering the gym.

These masks are to be worn in the gym to help minimize exposure between coaches and athletes.



Phase 1



WHAT TO EXPECT DURING PHASE 1

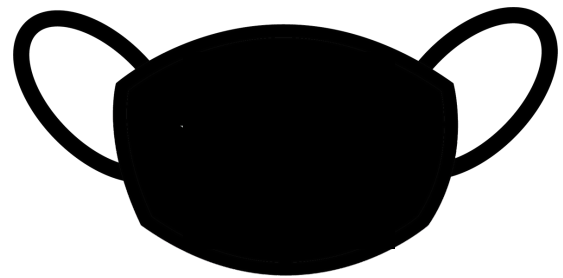
Phase 1 Opening allows gyms to open when maintaining appropriate social distancing.

In addition to the general guidelines outlined on page 2, we will be opening during Phase 1 for PRIVATE/SEMI PRIVATE LESSONS only.

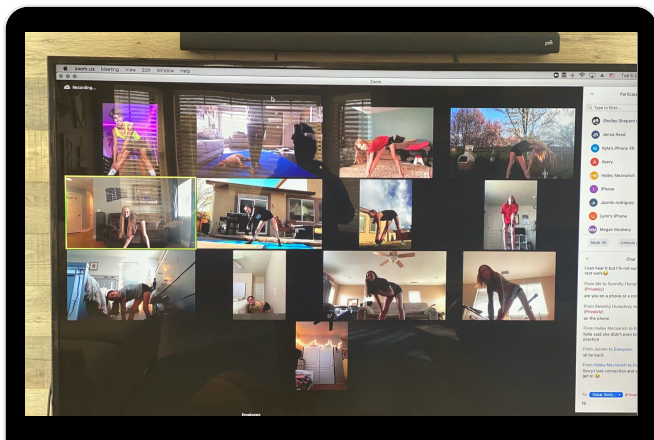
Private Lessons will be offered with the following guidelines:

- A maximum of 4 coaches and 8 athletes in the building at once this will allow us to spread out through the facility.
- Staff will be required to wear a mask, and no physical contact including spotting will be taking place.

MASK USAGE



During Phase 1 and Phase 2 a mask is required for entry into the COA Elite facility.



Virtual classes will remain in effect during Phase 1 & Phase 2.

These are free of charge for REGISTERED Competitive Team Athletes and \$39/mo for non-team members.

Sign up for Virtual Classes at www.coaelite.com beginning April 27, 2020.

Phase 2



WHAT TO EXPECT DURING PHASE 2

Phase 2 allows us to resume classes and continue private lessons in the gym.

In addition to the general guidelines outlined on page 2, the following precautions will be taken:

- Masks will continue to be utilized
- No "Drop Ins." A modified class and practice schedule will be followed to ensure that there are no more than 8-15 athletes in the gym to maintain social distancing with no physical contact.
- Virtual classes will still be offered and included with in-person class registrations.
- The lobby will remain closed.

BASIC HEALTH REMINDER

Please keep your child home if they demonstrate any type of illness including:

- Fever
- Cold or Flu Symptoms
- Running Nose
- Cough

If symptoms present during class/practice the athlete will be sent home.

Any athlete who has symptoms of COVID-19 should remain home until they have been cleared by a doctor or until the 14 day isolation period has passed.

It is the responsibility of ALL OF US to keep the gym safe, if you have any concerns let us know immediately.



Phase 3



WHAT TO EXPECT DURING PHASE 3

Phase 3 allows us to open back up to full operation, still while following the guidelines on page 2 with a few small changes.

- Masks will no longer be required.
- Virtual classes will no longer be available
- In the event of any increase of COVID-19 cases, we reserve the right to reduce/modify our schedule as deemed necessary for the health and safety of our athletes & staff.

OUR GUIDING PRINCIPLES

- **LAW OF EQUAL EFFORT**
“Regardless of the task at hand I will always attack it with the same determination”
- **100/0**
“I will be 100% accountable for my actions and give ZERO excuses when I fall short”
- **WE BEFORE ME**
“The whole is greater than the sum of its parts. I will prioritize the needs of my team over my own”
- **PURSUIT OF EXCELLENCE**
“I will do my part in protecting the team atmosphere. No gossip and no negativity is allowed in my presence”
- **CHARACTER COUNTS**
“I will live with HUMILITY. I will act with INTEGRITY. I will love with STRENGTH”
- **EMBRACE FAILURE**
“To F.A.I.L (First Attempt In Learning) is a signal – feedback showing us the way. Knowing this I can move boldly toward all future attempts for success”

Season 3

We are SO excited for Season 3!

For more information about our classes and teams, be sure to click MENU, then PROGRAMS for full descriptions.

Still have questions? Email us: info@coelite.com

#unfinish3d
busin3ss